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Instructions for Patients Receiving Nitrous Oxide

1. Nitrous Oxide is commonly called laughing gas and provides relaxation. I understand that my child will be awake, fully conscious, aware of the surroundings, and able to respond rationally to questions and directions.
2. Nitrous Oxide sedation is used for anxiety and mild pain control, as well as gagging. Local anesthetic will also be required for most procedures.
3. Please advise the doctor and staff of any medical changes including a cold, upper respiratory infection, asthma, or difficulty breathing. This may affect how well the Nitrous Oxide will work.
4. The most frequent side effects of Nitrous Oxide is nausea and vomiting but its frequency is very quite low (0.5%). Fasting is not necessary to receive Nitrous Oxide. To reduce the risk of nausea and vomiting however, avoid eating 2 hours prior to dental appointment.
5. Nitrous Oxide is a gas that is delivered through a nasal mask. It has a relative quick onset, within a few minutes, and dissipates from the body quickly after discontinuation. Normal activities can be resumed at end of appointment. If you have any concerns, please don't hesitate to call us.